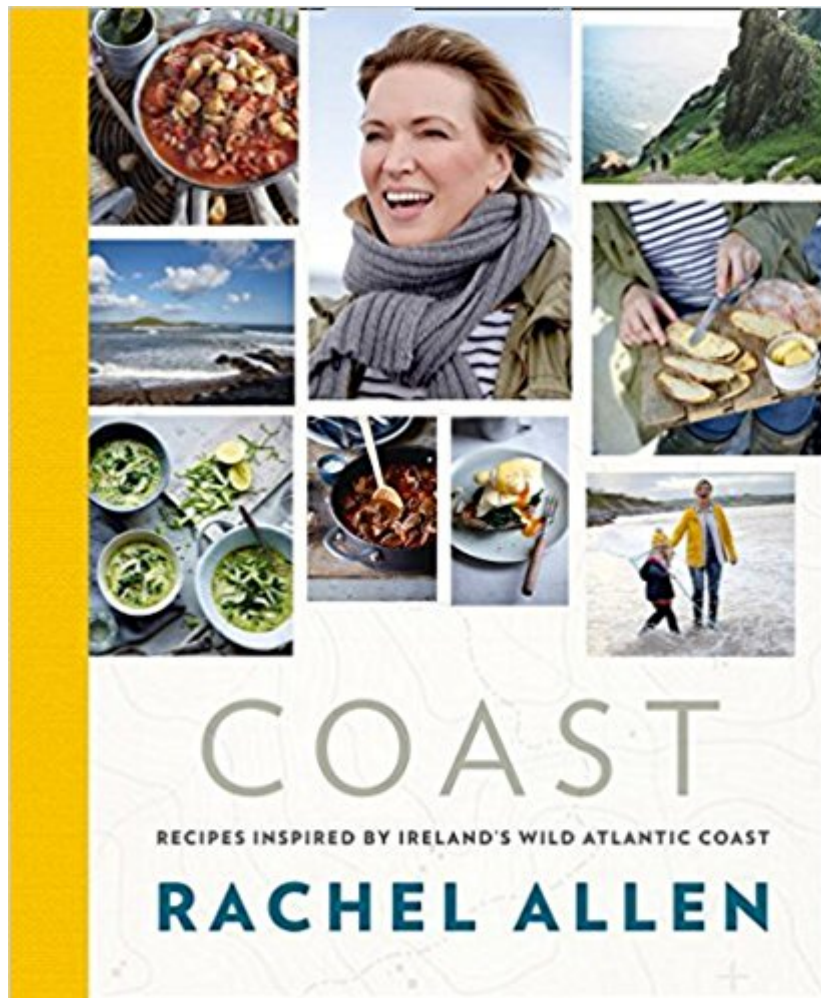




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Coast: Recipes From Ireland's Wild Atlantic Way



Synopsis

Follow bestselling author and TV chef Rachel Allen as she journeys along the beautiful Atlantic coast of Ireland, delivering over 100 of the most sumptuous recipes picked up from her culinary odyssey along the way. The west coast of Ireland is a rugged place of wild natural beauty, and the traditional food of these coastal towns and villages complements this perfectly. Simple meals made with the freshest ingredients, these are fuss-free recipes packed with flavour. From rustic seafood and rich stews to heart-warming sweets, this is Irish food at its finest.

Book Information

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Customer Reviews

Praise for Rachel Allen: *"The Irish Nigella (except prettier, blonde and a better cook)"* *"Bake is simply and engagingly written: one irresistible thing after another"* *Evening Standard* *"A natural TV chef: relaxed, articulate and knowledgeable."* *Sunday Times* *"Food for real people."* *Irish Examiner* *"If you haven't heard of Rachel Allen, you will soon. Ireland's blond and beautiful equivalent of Nigella Lawson is taking her place on the international culinary scene with her everyday food that focuses on simple suppers and divine puddings."* *Daily Mail*

Rachel Allen was brought up in Dublin and at the age of eighteen left to study at the prestigious Ballymaloe Cookery School. Today, she not only teaches at the school, she also writes regular features for national publications, presents highly acclaimed television programmes which have

been broadcast internationally. She is the winner of the 2012 Irish Book Award for Best Non-Fiction for Easy Meals.

Love Rachel Allen

We were planning a trip to the west coast of Ireland, we love good food and self-planned travel, and this was the perfect book to guide and excite us.

Interesting views of Ireland along with the regional recipes

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